

April 2007

In this Issue:

- Heart Institute Expanding
Page 1
- Facial Plastics, Otolaryngology
Page 2

Departments / Issues:

Arthritis Research

New Appointments

- Halbert Feinberg, MD
- A. Mickey Gadhoke, MD, FACC
- Adolpho Llanos, MD

Heart and Vascular Institute Expands Services, Staff



In the past year, we have seen significant, improvement and expansion at the Amot Health Heart and Vascular Institute. We have grown technologically, in the number of patients served, in satellite locations offering cardiac services, and most recently, with the addition of new physicians that are key to continuing to offer our advanced, high quality heart and vascular care.

Expansion of the Heart and Vascular Institute's electrophysiology facilities, with a new Catheterization and Electrophysiology Lab are accentuated with the addition of **A. Mickey Gadhoke, MD**, who joined Amot Ogden Medical Center in March of 2007, specializing in

Cardiac Electrophysiology and Arrhythmias, specifically, the treatment of all types of cardiac arrhythmias (atrial fibrillation, supraventricular tachycardia, ventricular tachycardia), diagnosis and treatment of syncope and conduction system disorders, implantable pacemakers and defibrillators, cardiac resynchronization therapy for heart failure and the prediction of risk for sudden death in patients who have never had an initial event.

Gadhoke comes to the Medical Center from a faculty position at Tufts University School of Medicine, Harvard Medical School, University of Massachusetts

- Continued on Page 4

Continued from Page 1

Medical Center and the Medical College of Wisconsin, and is widely published in the field of arrhythmias, implantable devices and ablation.

Halbert Feinberg, MD joins the Heart and Vascular Institute from Berkshire Medical Center in Pittsfield, Massachusetts. Feinberg specializes in stress echo, echo, nuclear stress and diagnostic cardiac catheterization as well as general cardiology, and will provide invasive and non-invasive cardiology services on the campus of Arnot Ogden Medical Center, as well as in a number of Pennsylvania locations including Coudersport, Towanda, and Arnot Health's new diagnostic facility in Canton, set to open in fall of 2007.

The Heart and Vascular Institute also welcomed **Nishith Amin, MD, FACC**, a specialist in invasive and interventional cardiology and general

cardiology. In addition to traditional non-invasive diagnostics, he brings expertise in the advanced imaging arena, including MRA and CTA.

The Heart and Vascular Institute serves the communities of the Southern Tier of New York and the Northern Tier of Pennsylvania, and is associated with the Divisions of Cardiology and Cardiac Surgery, Columbia University College of Physicians and Surgeons, New York, New York. Our full spectrum of cardiac care includes prevention, diagnosis, medical and surgical treatment, rehabilitation and continuing education and support, with patient safety protocols developed with Columbia University College of Physicians and Surgeons and emphasizing the highest quality of patient care.



Arnot Health is a community-based, not-for-profit healthcare system operated for the public benefit.

Contents may not be reproduced in whole or in part without written permission. 607-737-4100
www.amothealth.org

AmotHealth

600 Roe Avenue
Elmira, New York 14905

Non-Profit
Organization
US Postage
PAID
Elmira, NY
Permit No. 157

Department News

Full Range of Otolaryngology, Facial Plastics Services in one Location



A full range of otolaryngology, facial plastic/cosmetic surgery services are now available from the convenient location of the office of Arnot Medical Service physician Plez Tinsley, MD. Located at 600 Ivy Street, Elmira, Tinsley offers a combination of one-stop services not available anywhere else in the area.

Board-certified in otolaryngology and facial plastic and reconstructive surgery, and with more than 20 years of experience, Tinsley has been trained in medical and surgical skills to treat areas of the head and neck including:

- Skin and Face, including cancer, cosmetic surgery (face lift, skin resurfacing, eyelid surgery), and rehabilitation of facial paralysis.
- Nose and Sinuses, including allergy, sinus infection, breathing, tumors, cosmetic surgery and reconstruction, and disorders of taste and smell.
- Ears, including balance disorders, infections, tumors, repair of external ear deformities, and hearing testing

and treatment by surgery or with hearing aids.

- Mouth, including fractures of the jaw and other facial bones, diseases of the mouth and repair of birth defects.
- Throat and Voice Box, including swallowing and breathing problems, infections, tumors, birth defects, speech and voice diagnostics and therapy.
- Neck, including tumors of the thyroid and parathyroid glands, saliva-producing glands, and other neck tumors/cancer.

Dr. Tinsley received his medical degree from the University of Mississippi. He completed residencies in surgery at the University of Kentucky, Albert B. Chandler Medical Center and otorhinolaryngology at University of Texas Medical School at San Antonio, as well as fellowships in otolaryngology at Columbia University and head and neck surgery at the Park Medical Foundation.

For more information about Arnot Health otolaryngology, facial plastics/cosmetic surgery services or to make an appointment for your patient, call 607-795-5010.

Clinical Research

Study for Arthritis Sufferers

Arnot Health is conducting research that could help arthritis sufferers all over the world. Working in partnership with the Cleveland Clinic, Arnot Health is recruiting participants for an international research study called The PRECISION Study. Arnot Health is one of approximately 1000 sites contributing to this innovative study.

People 18 years of age or older with arthritis pain may be candidates to participate in the study. Participants must also have had osteoarthritis (OA) or rheumatoid arthritis (RA) for at least 6 months; have been prescribed regular medication for OA or RA pain for at least 6 months; and have or be at high risk for heart disease (for example, a history of heart attack, stroke or diabetes.)

The PRECISION Study will measure the long-term cardiovascular safety of 3 approved pain medications. Through this research, doctors will have the information they need to choose the most appropriate pain reliever for individuals with arthritis who have or are at risk for cardiovascular problems.

During the study, participants will receive study-related medical care and study medications at no charge.

According to the Centers for Disease Control and Prevention, there are more than 42 million people in the United States

diagnosed with arthritis. Another 23 million suffer from chronic joint pain that has not been diagnosed by a doctor. Currently, more than half the population aged 65 and older, both male and female, would show x-ray evidence of osteoarthritis in at least one joint. By 2030, 20 percent of Americans (about 70 million people) will have passed their 65th birthday and will be at risk for osteoarthritis. These statistics, the rising age of the population, and an increased prevalence of heart disease, make low-risk pain relief for arthritis sufferers an urgent need.

The Arnot Health Clinical Research Department, located at 600 Ivy Street, Elmira is currently conducting studies in a number of other areas including cancer, infections, dialysis, cardiovascular disease and diabetes.

If you have a patient who may be interested in and meets the requirements to be a candidate for The PRECISION Study, or would like more information on any of the studies currently being conducted, contact the Arnot Health Clinical Research Department at 607-271-7000.

New Appointments



Adolfo Llanos, MD, has been named Medical Director of the Neonatal Intensive Care Unit at Arnot Ogden Medical Center, effective March 1, 2007. Dr. Llanos joined the Pediatrix Medical Group at the Medical Center in August of 2006.

He received his medical degree from Universidad del Norte, Barranquilla, Colombia, and completed residency training at Universidad del Rosario, Bogota, Colombia, and Maimonides Medical Center, Brooklyn, NY. Dr. Llanos completed a neonatology fellowship in Rochester, NY and holds a masters degree in public health.

A. Mickey Gadhoke, MD, FACC, has joined Arnot Medical Services specializing in Electrophysiology. Dr. Gadhoke received his medical degree from Maulana Azad Medical College, University of Delhi; New Delhi, India. He completed an internal medical residency at New Jersey Medical School; Newark, New Jersey, a cardiology fellowship at New Jersey Medical School, and a cardiac electrophysiology fellowship at Tufts New England Medical Center; Boston, MA.

Dr. Gadhoke is certified by the American Board of Internal Medicine

in internal medicine and cardiovascular disease. He is a member of the American College of Cardiology.

Dr. Gadhoke will practice at 600 Roe Avenue. For more information or to schedule an appointment, call 607-737-4130.

Halbert Feinberg, MD, has joined Arnot Health, specializing in Cardiology. Dr. Feinberg completed his medical degree and internal medicine residency at SUNY Downstate Medical Center, Brooklyn, NY. He completed an internal medicine residency at Montefiore Hospital and Medical Center, and a cardiology fellowship at Albert Einstein College of Medicine, the Bronx, NY.

Dr. Feinberg is certified by the American Board of Internal Medicine in internal medicine, and is an American Board of Internal Medicine Diplomate in cardiovascular disease.

He will practice at 600 Roe Avenue. For more information, or to schedule an appointment, call 607-737-4130.