

Bariatric Surgery Program

The program at Arnot Health is different, because you don't just have surgery. You get an entire team to help you manage your new lifestyle, including dietitians, nurses, exercise specialists and counselors. The entire team will help you commit to the lifestyle changes necessary for a successful new you. Most importantly, we have the experience. If you have questions, call our office at 607-796-5936.

*Facilitators: Sandi Devine, LCSW-R
Greg Finch, LMSW (Vestal)*

Gastric Bypass Support Group Meeting Schedule 2009

AOMC Elmira, NY Petrie East First Monday 6 PM	East High Corning, NY Media Room Second Monday 6 PM	Human Services Bldg Montour Falls Third Tues. 6 P.M.	Hhds. Office 2 nd Floor Conf. Room Fourth Mon. 10:30 AM	Vestal Public Library Third Wed. 6:30 PM
Jan 5	Jan 12	Jan 20	Jan 26	Jan 21
Feb 2	Feb 9	Feb 17	Feb 23	Feb 18
March 2	March 9	March 17	March 23	March 18
April 6	April 13	April 21	April 25	April 15
May 4	May 11	May 19	May 25	May 20
June 1	June 8	June 16	June 22	June 17
July 6	July 13	July 21	July 27	July 15
August 3	August 10	August 18	August 24	August 19
Sept. 7 NO GROUP	Sept. 14	Sept.15	Sept. 28	Sept. 16
October 5	October 12 NO GROUP	October 20	October 26	October 21
Nov. 3	Nov. 9	Nov. 17	Nov. 23	Nov. 18
Dec. 2 PETRIE WEST	Dec. 14	Dec.15	Dec. 28 NO GROUP	Dec. 16

**There is a healthy lifestyles group for long-term patients who are struggling to meet goals or to maintain permanent weight loss. Contact Sandi Devine at 739-6433 for details.